



PEACE RIVER  
REGIONAL DISTRICT

Services delivered by:

Dawson Creek Society for Community Living (DCSCL)



Seniors Aging in Place

**Meal form: Seniors Aging in Place (SAIP) support services program**

To help us serve you, please tell us more about your meal preferences below:

Full name: \_\_\_\_\_ Contact #: \_\_\_\_\_

Email address: \_\_\_\_\_ Date: \_\_\_\_\_

Favourite Classics	Like	Others	Like
Roast beef w/ mashed potatoes, vegetables and gravy	<input type="checkbox"/>	Salmon w/ rice and vegetables	<input type="checkbox"/>
Spaghetti and meat sauce	<input type="checkbox"/>	Beef or chicken stir fry w/ rice and vegetables	<input type="checkbox"/>
Beef stew	<input type="checkbox"/>	Peorgies and sausage w/ sauerkraut	<input type="checkbox"/>
Pot roast w/ potatoes and vegetables	<input type="checkbox"/>	Pork schnitzel w/ sauerkraut	<input type="checkbox"/>
Shepherds pie	<input type="checkbox"/>	Turkey, dressing, mashed potatoes/gravy and vegetables	<input type="checkbox"/>
Lasagne	<input type="checkbox"/>	Cabbage rolls	<input type="checkbox"/>
BBQ chicken w/ roasted potatoes and vegetables	<input type="checkbox"/>	Chicken alfredo w/ vegetables	<input type="checkbox"/>
Baked chicken w/ rice and vegetables	<input type="checkbox"/>	Pulled pork w/ rice and vegetables	<input type="checkbox"/>
Ham and scalloped potatoes w/ vegetables	<input type="checkbox"/>	Meatloaf w/ mashed potatoes/gravy and vegetables	<input type="checkbox"/>
Chilli	<input type="checkbox"/>	Creamy pork and mashed potatoes w/ vegetables	<input type="checkbox"/>
Beef brisket w/ potatoes and vegetables	<input type="checkbox"/>	-	-

**FOOD ALLERGIES/SENSITIVITIES**

Please list any food allergies and/or sensitivities below with as much detail as possible:

A meal form needs to be completed and submitted for each individual wishing to access meal services through the program. Completed meals forms can be emailed to [saip@prrd.bc.ca](mailto:saip@prrd.bc.ca), faxed to **250-782-2662** or dropped off at the **Dawson Creek Society for Community Living** at 1334 102 Avenue, Dawson Creek, BC V1G 2C6. For help filling out this form please call 250-782-2611 ext. 227